



### Inaugural Message

It is with immense pride and heartfelt joy that I write this inaugural message for the *Journal of Integrative Health Research (JIHR)*, a flagship initiative of Sankalchand Patel University. This journal represents a significant milestone in our ongoing pursuit of excellence in healthcare education, research, and practice.

The field of integrative health is witnessing a remarkable evolution as it brings together the time-honored traditions of holistic healing with the rigor of modern scientific research. At Sankalchand Patel University, we have always embraced the philosophy of blending the wisdom of the past with the innovations of the present. The launch of JIHR is a testament to this vision and reflects our unwavering commitment to fostering interdisciplinary collaboration in healthcare for the betterment of society.

I take this opportunity to extend my warmest congratulations to **Dr. J. R. Patel, Director, Health Sciences**, for his unwavering dedication and dynamic leadership in bringing this initiative to fruition. His vision of creating a platform to promote high-quality research in integrative healthcare has been instrumental in the establishment of JIHR.

A special acknowledgment and heartfelt congratulations are also due to **Dr. Vivekanand Kattimani, the Editor-in-Chief of JIHR**, for his exemplary leadership of the editorial team and expertise, tireless efforts, and commitment to uphold the highest standards of scientific rigor and ethical integrity that have been pivotal in shaping the journal into a credible and impactful platform for research dissemination.

The *Journal of Integrative Health Research* is poised to serve as a bridge between conventional and alternative medicine, creating a space for evidence-based studies, critical reviews, clinical insights, and innovative ideas. By embracing a holistic approach, the journal aims to contribute significantly to address the multifaceted healthcare challenges of the modern era, including the rise of chronic diseases, lifestyle disorders, and the need for patient-centered care.

As we celebrate this historic milestone, I invite researchers, academicians, clinicians, and policymakers from across the globe to join us in this transformative journey. Your contributions will be invaluable in building a robust body of knowledge that has the potential to redefine healthcare practices and improve lives.

Let us work together to make the *Journal of Integrative Health Research* a beacon of innovation, collaboration, and excellence in the healthcare community. I am confident that this initiative will leave a lasting impact on the future of healthcare and inspire new paradigms in integrative health research.

With best wishes for the success of JIHR and gratitude to all who have made this dream a reality, let us embark on this exciting journey to advance the frontiers of healthcare research.

**Shri Prakash Patel**  
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